

## 100 LEVEL

Our 100 level courses are designed with your time in mind. These shorter offerings introduce participants to key concepts and survival strategies for active threat events.\*



## 200 LEVEL

Our 200 level courses enable participants to get hands on experience with the concepts introduced in the 100 level. Participants build confidence and skills in realistic and controlled environments.\*



# 300 LEVEL

Our 300 level courses give participants the opportunity to develop plans, ask questions, participate in discussions and test plans through discussion-based exercises.\*



# PREPARING FOR AND SURVIVING AN ACTIVE THREAT

NJOHSP has developed a comprehensive training pipeline designed to help organizations improve safety and preparedness for active violent events. The offerings can be tailored specifically for your organization, giving you the specificity you need, all at no cost.

## **CONTACT US**

To request training please email

training@njohsp.gov or visit our website www.njohsp.gov/training



\*Course descriptions on back

## In-Person Training: Preparing for and Surviving an Active Threat

100 Level	200 Level	300 Level
Surviving an Active Violent Event	Stop the Bleed	School Safety and Violent Event
(SAVE)	90-minute course where participants learn	Incident Management (SSAVEIM)
90-minute awareness level course where	three quick techniques to help save a life before	8-hour course that integrates facility personnel
instructors introduce several key concepts such	someone bleeds out: (1) How to use your	and local emergency response organizations.
as the pathway to violence, behavioral	hands to apply pressure to a wound; (2) How	The course teaches the Standard Reunification
indicators, de-escalation, preparedness cycle,	to pack a wound to control bleeding; (3) How	Method. Lessons from SSAVEIM apply to
and the Run-Hide-Fight response paradigm.	to correctly apply a tourniquet.	much more than just school environments.
	Suggested prerequisites: SAVE and/or ERA	
Emergency Response Awareness (ERA)	Venue Specific Active Threat Training	Preparing for an Active Violent Event
90-minute awareness level course helps	(VSATT)	(PAVE)
prepare students for active threat events by	2-hour training that focuses on running drills	90-minute course focusing on in-depth
discussing what they can expect during an	in the participants' workplace and a review of	discussions about creating a Building
event and how they can prepare for one. The	R-H-F paradigm. Students will develop	Emergency Action Plan for the hosting facility.
training provides an overview of the human	individual response plans in the context of	A standard Active Assailant/Shooter
response to disaster, run-hide-fight paradigm,	their workplace.	Emergency Action Plan will be introduced.
preparedness cycle, bomb threat checklist, and	Mandatory prerequisites: SAVE and/or R-H-F	
bleeding control kit familiarization.		
Site Protection through Observational	NJOHSP Run-Hide-Fight (R-H-F)	Active Violent Threat Workshop
Techniques (SPOT)	4-hour course that provides instruction from	4-hour in-person workshop designed to assist
4-hour course that trains public safety	the FEMA Run-Hide-Fight program. This	supervisors in developing plans for their
personnel, and others, to improve their	course is a mix of lectures and practical	workplace's response to an active violent
observational techniques by using a screening	exercises and provides participants with a	threat. Supervisors will develop specific plans
process that includes increasing protective	comprehensive introduction to the concepts	and address areas of concern. Workshop will
awareness, identifying preoperational	required to improve survivability during an	include discussion-based exercises to test the
behaviors, evaluating, and taking action.	active threat event.	newly created plans.
	Suggested prerequisite: SAVE	Mandatory prerequisites: 50% of staff at requesting facility have completed R-H-F, 50% of workshop attendees have completed R-H-F

### **NJOHSP De-escalation Training**

This course is available at all three levels and can include lecture and practical exercises designed to teach individuals how to communicate with individuals in crisis. Students will learn the Critical Decision-Making Model, body language identification, and other tools. Depending on the selected level, students will be able to put their newly learned skills to the test through realistic role-playing activities.

\*Course time will depend on specific request\*

