MEASLES UPDATES

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NJHCC STATEWIDE MEETING 3/19/25

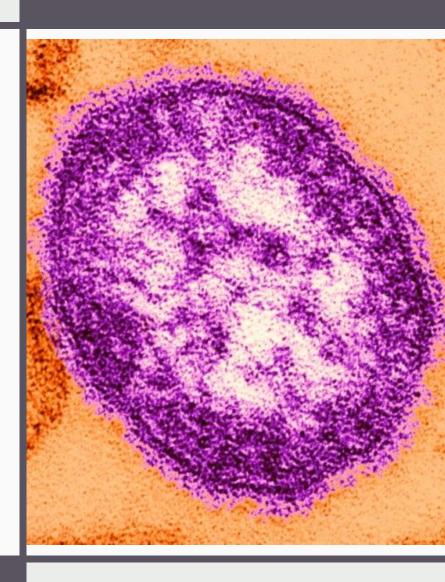
Measles

Background

2024-2025 Data

Transmission/PPE

Prevention





Background

- First described in 9th century by Persian physician Rhazes
- Global epidemic in 16th century as European explorers spread to new regions
- 1757 Scottish physician Francis Home demonstrated transmission by infectious agent
- 1912 reportable disease in US, ~6000 deaths/year
- Vaccine available in 1963



Presentation

Prodromal phase (days 1-4)

•Fever, cough, runny nose, conjunctivitis, Koplik spots

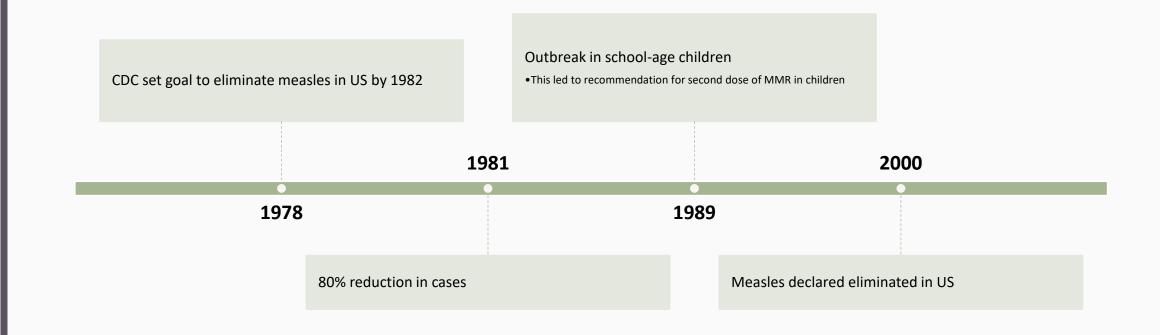
Rash phase (days 4-7)

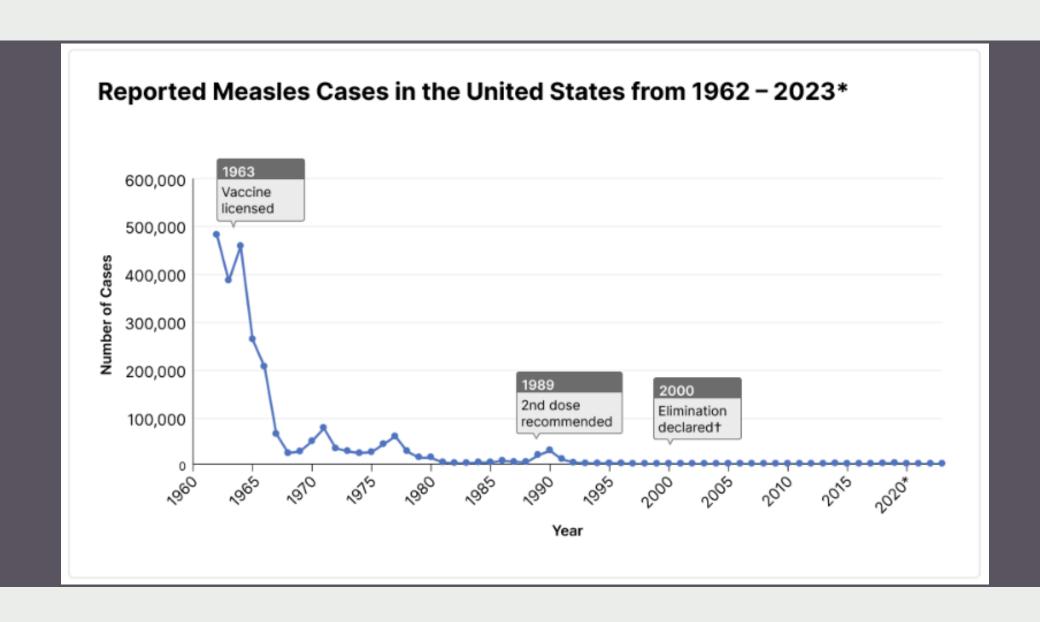
- •Red, blotchy rash starts on face and spreads to rest of body
- •Lasts 3-4 days

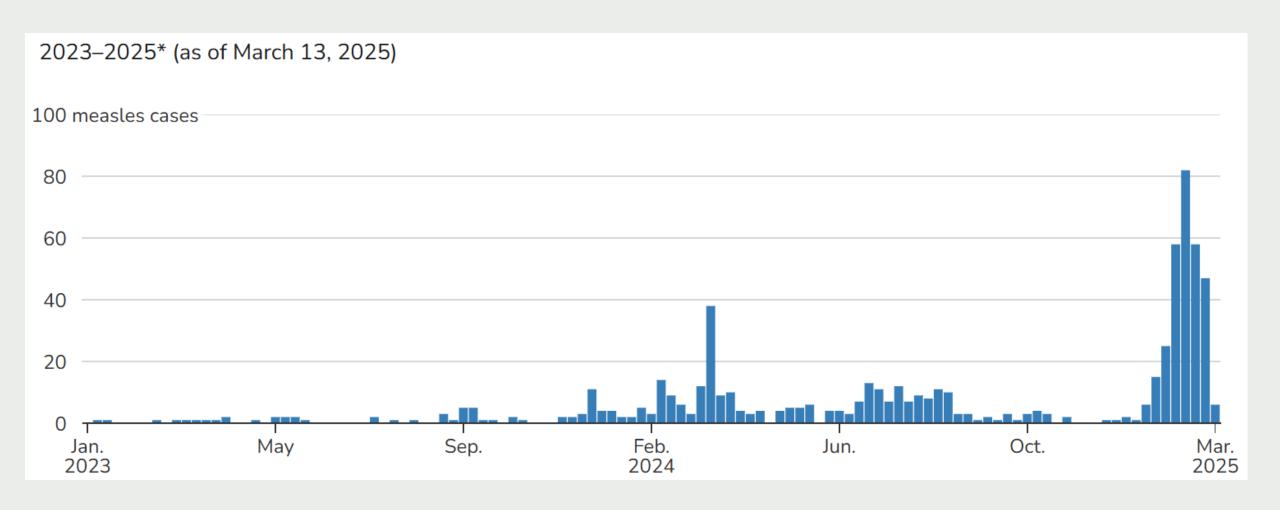
Complications

- Pneumonia
- Encephalitis
- •Subacute, sclerosing panencephalitis

Measles elimination







U.S. Cases in 2025

Total cases

301

Age

Under 5 years: 103 (34%)

5-19 years: **126 (42%)**

20+ years: **63 (21%)**

Age unknown: 9 (3%)

Vaccination Status

Unvaccinated or Unknown: 95%

One MMR dose: 3%

Two MMR doses: 2%

U.S. Hospitalizations in 2025

17%

17% of cases hospitalized (50 of 301).

Percent of Age Group Hospitalized

Under 5 years: 27% (28 of 103)

5-19 years: **10% (13 of 126)**

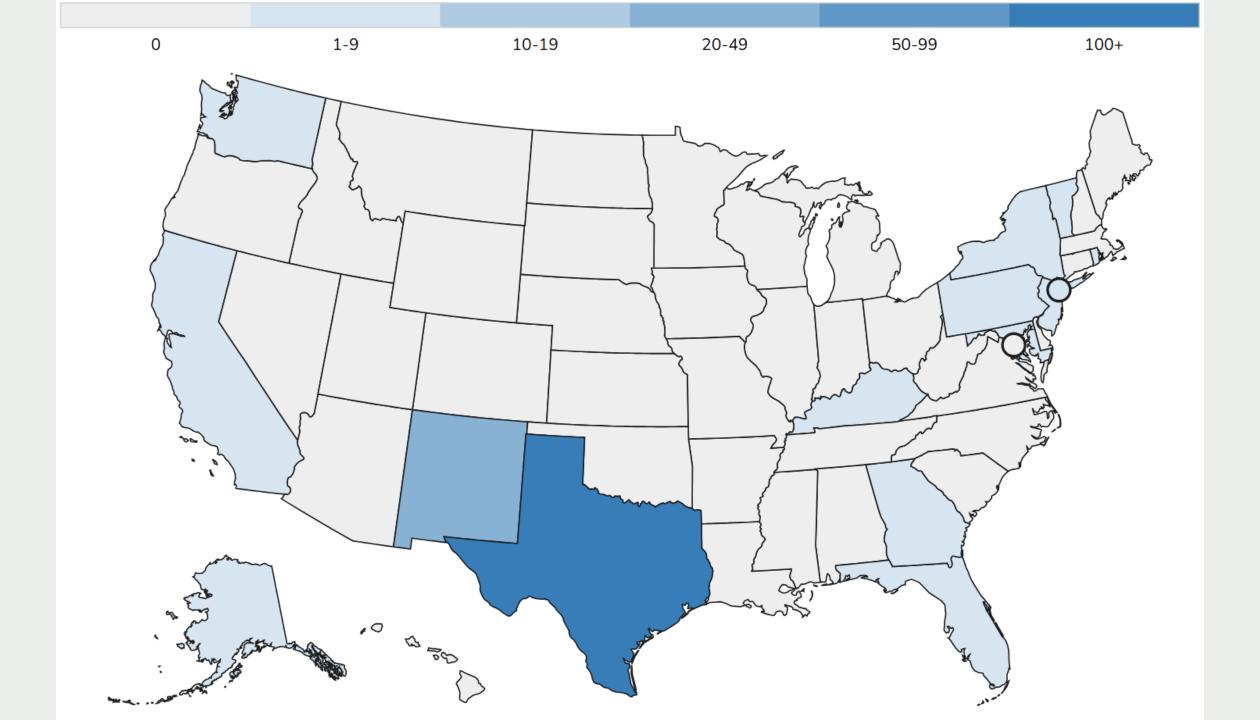
20+ years: **13% (8 of 63)**

Age unknown: 11% (1 of 9)

U.S. Deaths in 2025

2

There has been $\underline{1}$ confirmed death $\underline{\square}$ from measles, and $\underline{1}$ death under investigation. $\underline{\square}$



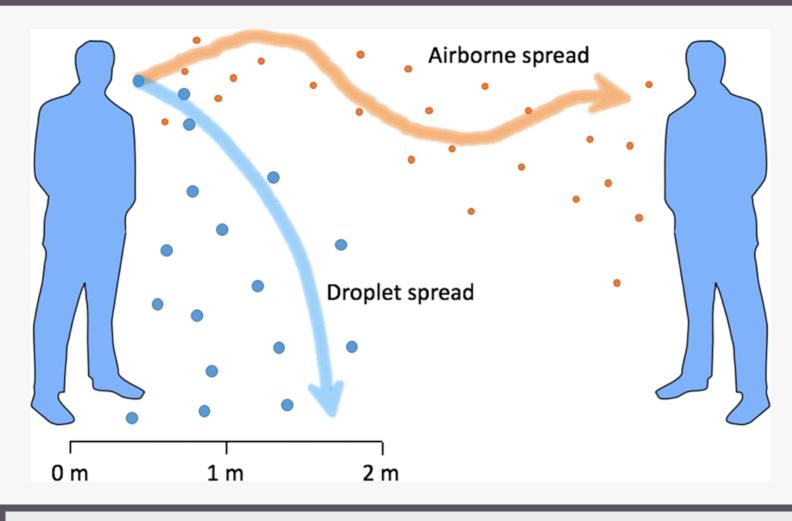
Transmission

Measles is an airborne disease

Infected person coughs, sneezes or talks

Virus can remain airborne for 2 hours

90% of people who are exposed (and not immunized) will be infected



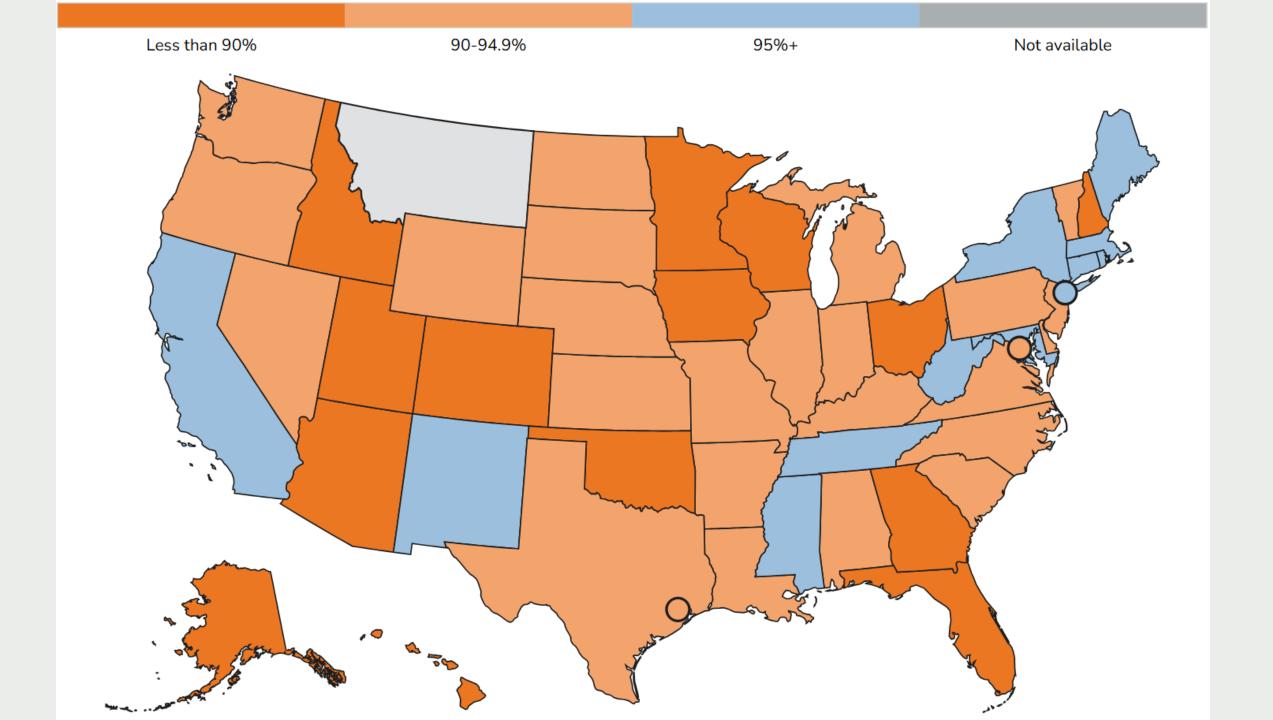
Airborne Precautions

- N95 Respirator
- Gloves
- Gown
- Goggles or face shield











Thank you!