

## New Jersey Healthcare Coalition (NJHCC)

## January North HCC In-Person Meeting

Date: 1.16.24

500 W Hanover Ave, Morristown, New Jersey 07960

Attendance (Head Count) - 36 Ryan Cassidy opened the meeting up at 10:03am Eddie Rizvi started the meeting at 10:05am The attendees at the meeting went around the room and introduced themselves Ryan covered the Agenda Ryan proceeded to hand the meeting over to the New Jersey Cybersecurity and Communications Integration Cell (NJCCIC) Krista Valenzuela from NJCCIC gave an overall presentation on her agency's role and responsibilities • Krista spoke towards Tech Support Scams, specifically recent incidents and what to look out for

- Krista also spoke about SMS Text Scams
  - A member asked if it's random with how individuals are selected for scam texts
    - Krista said it is more likely due to data leaks
- Krista briefly talked to Direct Deposit Scams and Gift Card Scams
- Krista covered Business Email Compromise
- Krista explained Credential Compromise
  - Webpages being replicated can trick users
  - Compromised Accounts are utilized as well for tricking users
  - Multi-Factor Authentication (MFA) can be bypassed by cyber criminals
  - You can be compromised by infostealers, data breaches, weak passwords, and/or social engineering
- Krista spoke about Ransomware-as-a-business
  - Access Brokers, Ransomware-as-a-service, and RaaS operators all make ransomware a business
  - Average downtime can be at least 24 days
  - Data exfiltration occurs within 75% of incidents
- Krista covered the Change Healthcare Incident, the Timeline of Events associated with the incident, and the Impacts
  - The cyberattack affected at least 100 million individuals' protected health information
    - This is the largest known breach of PHI
- Krista spoke to Artificial Intelligence and the good and bad to it

- Krista went over Cyber Resiliency methods
  - Data Backups, Patch Management, MFA, etc.
- Krist wrapped up by going over the NJCCIC Services
  - A member asked if NJCCIC participants in coming out to communities like LTC and Assisted Living
    - Krista confirmed this
  - A member, in the hospital setting, asked about mitigation recommendations on how to make messaging more "real" looking through their mass notification systems
    - Krista said yes there are methods

Ryan handed the meeting over to Dr. Ammundeep Tagore (NJHCC Clinical Advisor)

Dr. Ammundeep Tagore spoke about Vehicles as a Weapon (VAW) Attacks

- Dr. Tagore reviewed the New Year's Day Ramming in New Orleans
  - Dr. Tagore alluded to the World Cup approaching and how these types of incidents may increase
- Dr. Tagore mentioned that the trends and frequency of these attacks are becoming more frequent and lethal
- Dr. Tagore spoke towards Hostile Vehicle Mitigation methods
  - Protective security discipline and incident response planning and training among many others

Ryan, Eddie, and Anthony Sokolowski reviewed several Coalition Updates

- NJHCC EM Team will send out the Jurisdictional Risk Assessment (JRA) post-meeting
- Steven Sarinelli spoke about some key takeaways from the National Healthcare Coalition Preparedness Conference (NHCPC) Member Updates
  - Acute Care
    - Dr. Tagore said a lot of RSV in the elderly and that is causing hospitalizations
    - Dr. Tagore said Norovirus is also prevalent
    - Jason Bhulai said HMH is working on decontamination training for front-line staff
  - Long-Term Care/Post Acute
    - There have been upticks in Norovirus
  - Federally Qualified Health Centers
    - NJPCA said they are also seeing a lot of Norovirus
  - Public Health
    - A lot of Flu vaccinations have been seen
    - Monitoring for H5N1
  - Office of Emergency Management
  - Home Care & Hospice
  - Emergency Medical Services
    - Short tabletop exercise took place recently
    - In the Preparedness phase for Fifa World Cup
  - Behavioral/Mental Health

Ryan covered some of the Coalition Reminders, Upcoming Meetings Dates & Times, and Future Agenda Items

• Jason asked if we could share the slides and notes from the previous year's Strategic Planning Meeting prior to the 2025 meeting The meeting concluded at approximately 11:46am