# NJCCIC



## PREVENT | DETECT | RESPOND













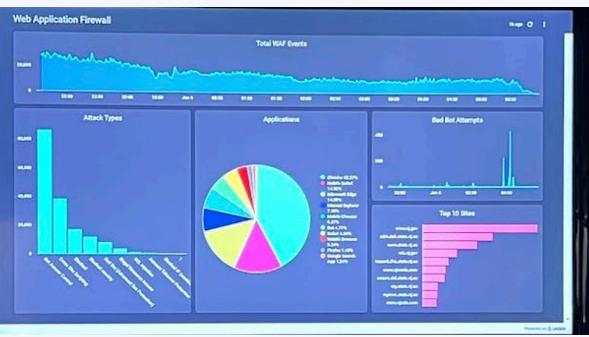
## The NJ CCIC

Governance, Risk, and Compliance

Cyber Threat Outreach and Partnerships

Security Engineering and Cyber Operations





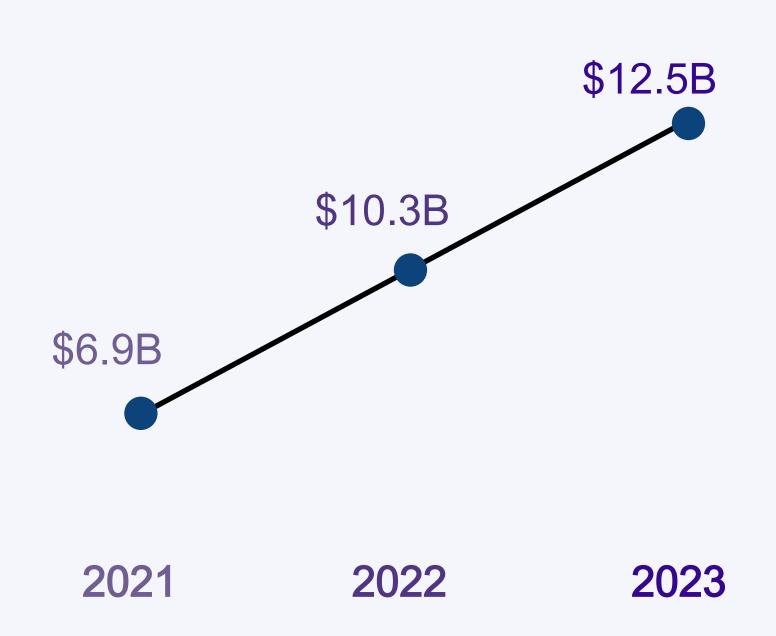


# Cyber Threats and Best Practices

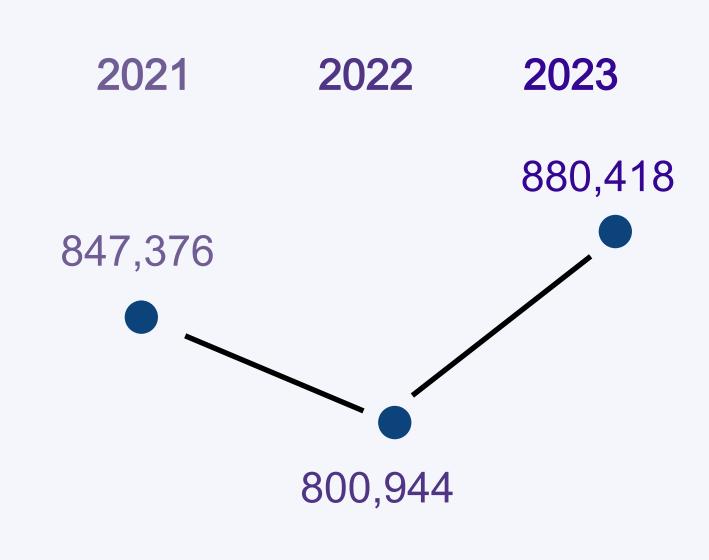
Impacts to the Healthcare and Public Health Sector

# IC3 Annual Report

#### **TOTAL CYBERCRIME LOSSES**







# IC3 Annual Report

### **Greatest Losses By Cybercrime Type**

Investment - \$4.57 B

Business Email Compromise - \$2.9 B

Tech Support Scam - \$924 M

Confidence/Romance Scam- \$652 M

Government Impersonation - \$394 M

Real Estate Transaction - \$145 M

Extortion - \$74.8 M

## Tech Support Scam

#### IMPERSONATING THOSE YOU TRUST



Alert Number: I-012924-PSA January 29, 2024

Scammers Use Couriers to Retrieve Cash and Precious Metals from Victims of Tech Support and Government Impersonation Scams

The FBI is warning the public about scammers instructing victims, many of whom are senior citizens, to liquidate their assets into cash and/or buy gold, silver, or other precious metals to protect their funds. Criminals then arrange for couriers to meet the victims in person to pick up the cash or precious metals. From May to December 2023, the FBI Internet Crime Complaint Center (IC3) saw an uptick in this activity with aggregated losses of over \$55 million.

#### Recent incident:

An employee was the target of a social engineering attack. This employee was deceived into believing that her computer was infected with a computer virus and that in order to prevent further damage, she should contact "Microsoft's" customer support. The scammer was not affiliated in any way with Microsoft. The employee unfortunately did contact this false number and shared her screen with the scammer. This phone call lasted approximately 30 minutes, during which time the scammer was able to access all of the files on the employee's computer. These files contained highly confidential information, including Social Security numbers, dates of birth, addresses, and financial information. The employee became suspicious when the scammer asked her to go to a local department store and purchase \$20,000 in gift cards. It was then that the employee terminated her call and disconnected her computer.

#### Impacts:

- Access to sensitive organization information.
- Obtain credentials for the employee's online accounts.
- Ability to install malware onto the device persistent access and opportunity to move laterally/compromise accounts on the network.
- Need to change passwords, ensure MFA is enabled, and revoke session tokens.

## SMS Text Scam

#### Exploiting Legitimate Comms

- Missed delivery notifications
- "Is this you?" messages
- Text scams claiming that your bank is closing your account
- Texts claiming that you've won a prize
- Texts claiming that your debit or credit card has been locked
- Text messages supposedly from the IRS
- Text messages from your own number
- Texts claiming that your payment for subscription services didn't go through
- Texts about purchases you didn't make
- Two-factor authentication (2FA) scam messages

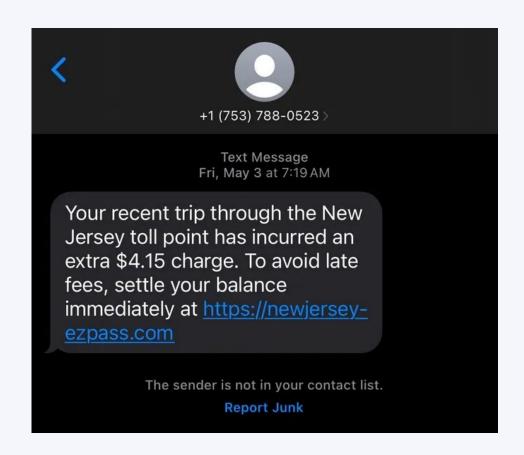
## SMS Text Scam

#### Text Message Today 9:45 AM

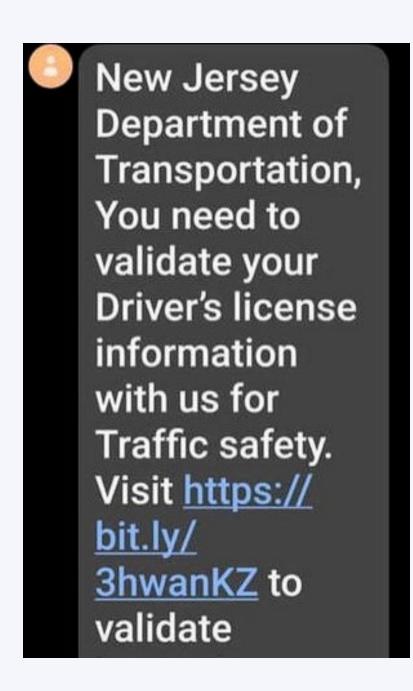
NJ Turnpike toll services: We've noticed an outstanding toll amount of \$13.34 on your record. To avoid a late fee of \$50.00, visit <a href="https://njtollservices.com">https://njtollservices.com</a> to settle your balance.

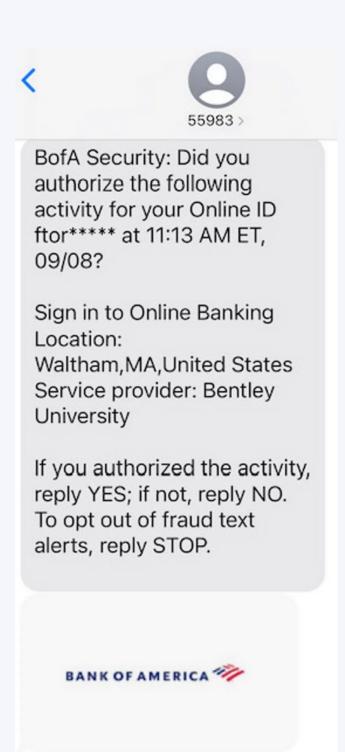
The sender is not in your contact list.

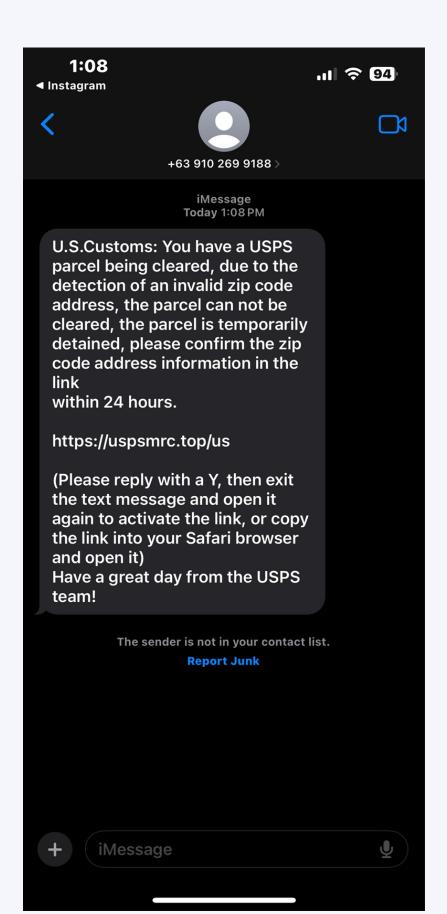
Report Junk



#### **Exploiting Legitimate Comms**







# Direct Deposit Scams

links, open attachments, or take other actions in any untrusted or suspicious message.

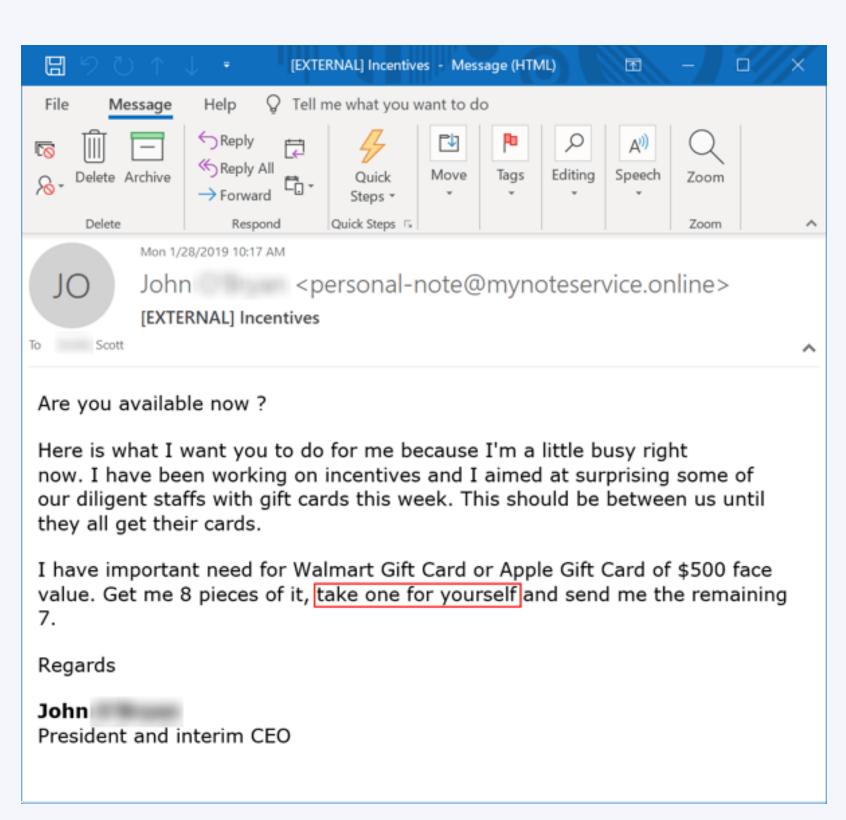
	NEW YORK HOSPITAL DIRECT DEPOSIT AUTHORIZATION FORM  NOTE: You cannot split your paycheck between direct deposit and a live check.			I hereby authorize St. James Hospital/ER Select to directly deposit my pay in the bank account(s) listed below in the
				percentages specified. (If two accounts are designated, deposits are to be made in whole percentages of pay to total 100%.) I have attached a voided personalized check (checking accounts) or deposit slip (savings accounts) for each
				account specified below. This authorization is to remain in force until the Company has received written
			authorization from me of its termination or change. Also, I hereby grant St. James Hospital the right to correct any	
	remain in force until given written ne	lirectly in the account(s) named below in the amount(s) I have otice that I have been terminated. I understand that I must giv	such electronic funds transfer resulting from an erroneous overpayment by debiting my account to the extent of	
	reasonable time for my instructions t bank(s) to make appropriate adjustm	to be executed. If ever an incorrect amount should be entered tent(s).	such overpayment.	
	7,1			Name (PRINT):
	NAME (Print):	EMPLOYEE ID #:(required 6 or	ligit number)	Signature: Date:
	WORK NO.:	HOME PHONE:		Account #1 (Check only one)
				[] Checking (attached voided check)
	SIGNATURE:	E-MAIL ADDRESS:	DIRECT DEPOSIT FORM	[] Savings (attach deposit slip and obtain ABA routing number from your bank)
			AUTHORIZATION AGREEMENT FOR AUTOMATIC DEPOSITS OR TO DISCO	Financial Institution:
	ACCOUNTS:		An employee must present ID badge or state issued ID whe	Street Address:
	CHECKING: (Partial Amounts MU	JST be in dollars, NO percentages)	EMPLOYEE INFORMATION	City, State and Zip Code:
	(1) BANK:	ROUTING #:	NAME (Last, First)	Telephone: ()
	A/C NO.:	FULL PARTIAL AMOUN	□ START DIRECT DEPOSIT (Primary account is the account where you have 100% or the Balance of your	Personal Account Number:
	(2) BANK:	ROUTING #:	Bank Name: Provide <u>one</u> of the following: (with <u>Routing</u> and <u>Acc</u>	ABA (Routing) Number:
	A/C NO.:	FULLPARTIAL AMOU	A voided check     Stamped direct deposit form completed by	Amount of pay to be deposited into this account:
	SAVINGS: (Partial Amounts MUS	T be in dollars, NO percentages)	bank or	\$or%
	(1) BANK:	ROUTING #:	Official letter from the bank	Account #2 (Check only one)
	A/C NO.:	FULLPARTIAL AMOU	ADDITIONAL CHECKS (When receiving additional check(s), I would like the money to be deposited into the	Checking (attached voided check)     Savings (attach deposit slip and obtain ABA routing number from your bank)
From: Denise @gmail.com>		ROUTING #:	☐ Primary Account Or	Financial Institution:
Sent: Tuesday, February 6, 2024 11:53 AM		FULLPARTIAL AMOU		
To: Maria .com>		unts MUST be in dollars, NO percentages)	STOP DIRECT DEPOSIT (I authorize Montefiore Nyack Hospital to terminate my direct deposit. I acknowledge Bank Name:	Street Address:
Subject: CHANGE OF DD ACCOUNT INFORMATION	•		Routing#:	City, State and Zip Code:
Subject. CHANGE OF DD ACCOUNT IN ORMATION		ROUTING #:	Account#:	Telephone: ()
	A/C NO.:	FULLPARTIAL AMOU		Personal Account Number:
[You don't often get email from <u>@gmail.com</u> . Learn why this is important at	Without the proper Account Info	rmation as noted below, this form will not be processed.	☐ CHANGE DIRECT DEPOSIT	ABA (Routing) Number:
https://aka.ms/LearnAboutSenderIdentification ]	Checking: The F	Routing # is the first 9 numbers at the bottom of the check, as	Bank Name: Change Request:	Amount of pay to be deposited into this account:
	check	k with the word (VOID) written across the check.		\$or%
Hello Maria	Savings & Money Market: You r	nust attach Routing # and Account # information on your ba	COMMENTS SECTION:	
	Com Empileon to	and upon request a confirmation en	COMMENTS SECTION.	
I record librate about the details of my direct deposit information in our records. Infortuna	Scan-Email form to	and upon request a commination ch		
I would like to change the details of my direct deposit information in our records. Unfortuna				
current bank is closed temporarily due to unauthorized activity. Please make the change for m	e before		REQUIRED APPROVAL	
the next payroll is processed. If not, can you forward my request to the appropriate person.			I authorize Montefiore Nyack Hospital, hereinafter referred to as COMPANY, to initiate credit entries and to initiate any credit entries in error to my account indicated above and the depository named above, hereinafter called DE	, if necessary, debit entries and adjustments for POSITORY, to credit and/or debit the same to
			such account. This authority is to remain in full force and effect until COMPANY has received written notification such manner as to afford COMPANY and DEPOSITORY a reasonable opportunity to act on it.	from me of its termination in such time and in
Thank you			SIGNATURE:	DATE:
			PHONE #:	
Denise			HR OFFICE USE:	
External Message Warning! Carefully inspect this message for indicators of phishing. DO NO	T click		☐ Employee ID reviewed (ID Badge/Photo ID) HR Staff Initials:	Date:

**Direct Deposit Authorization Form** 

## Gift Card Scams







## Business Email Compromise

#### Healthcare and Public Health Sector

Social engineering attacks increased by 279% in 2023

Business email compromise increased 167% in 2023

Average cost of BEC is \$135,000

## Business Email Compromise

### Why is BEC So Prevalent?

- Threat actor simply asks for something (money usually).
- No malicious links or attachments are included.
- Impersonation is easy display name spoofing, stolen branding, etc.
- In public sector, so much information is publicly available.
- Procedural changes could thwart attempts.

## Business Email Compromise

#### Recent Incident:

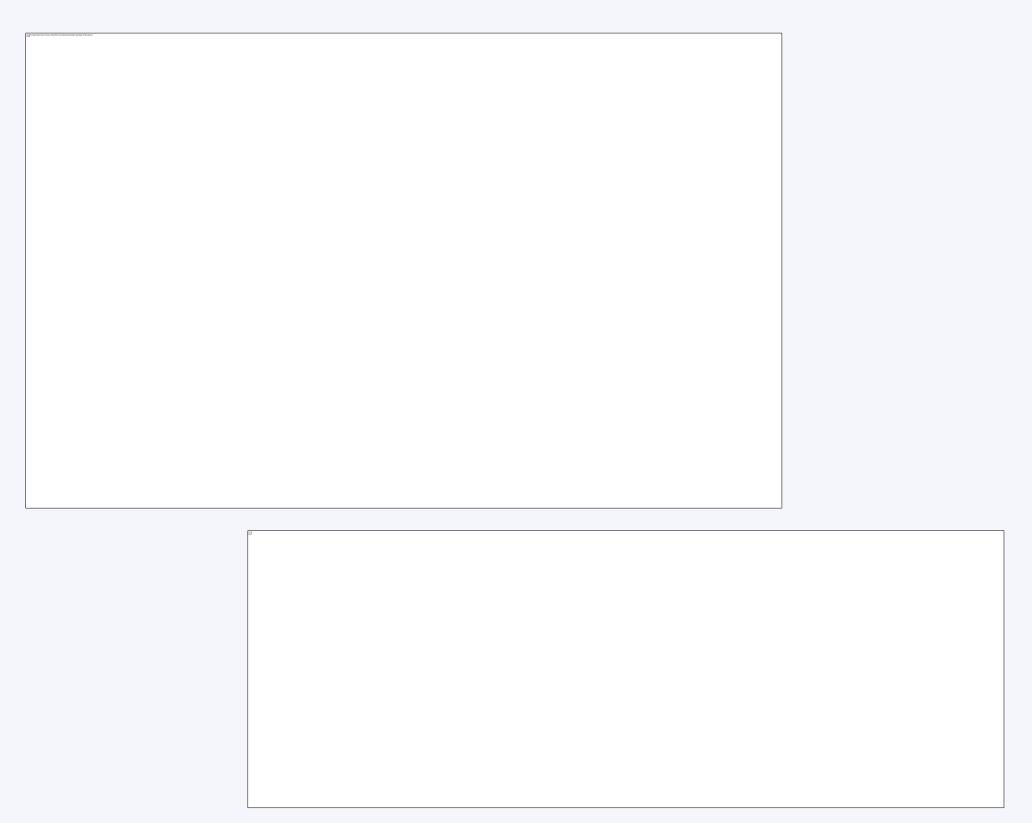
- School received email from vendor regarding a payment due.
- Instructed to ACH the payment as they could not process checks at that time.
- A >\$100,000 payment was initiated to a fraudulent account.
- Luckily, the school realized the malicious attempt and went through their bank to reverse the transfer.
- The vendor email account had been compromised.



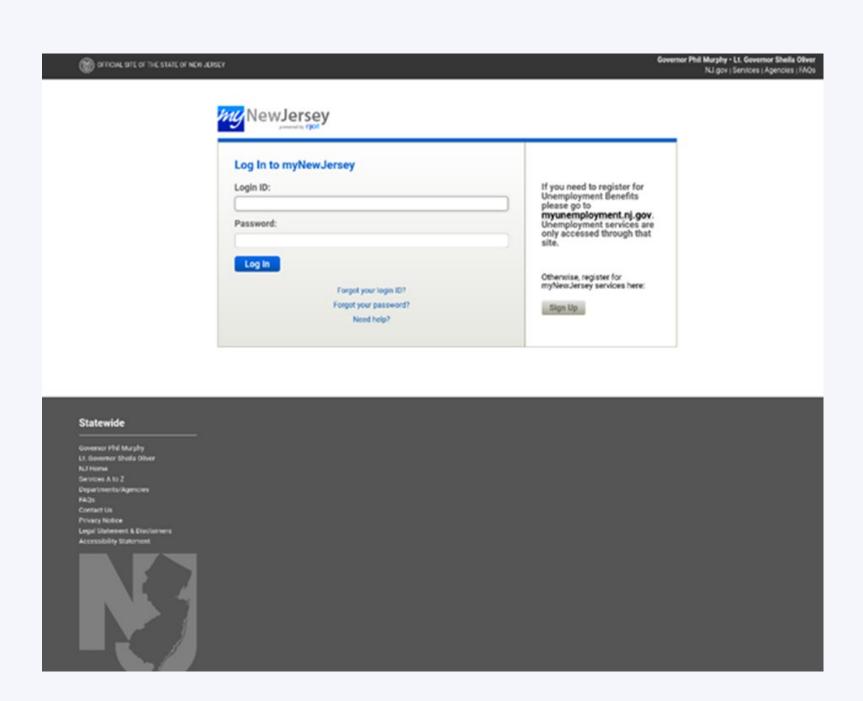
# Credential Compromise

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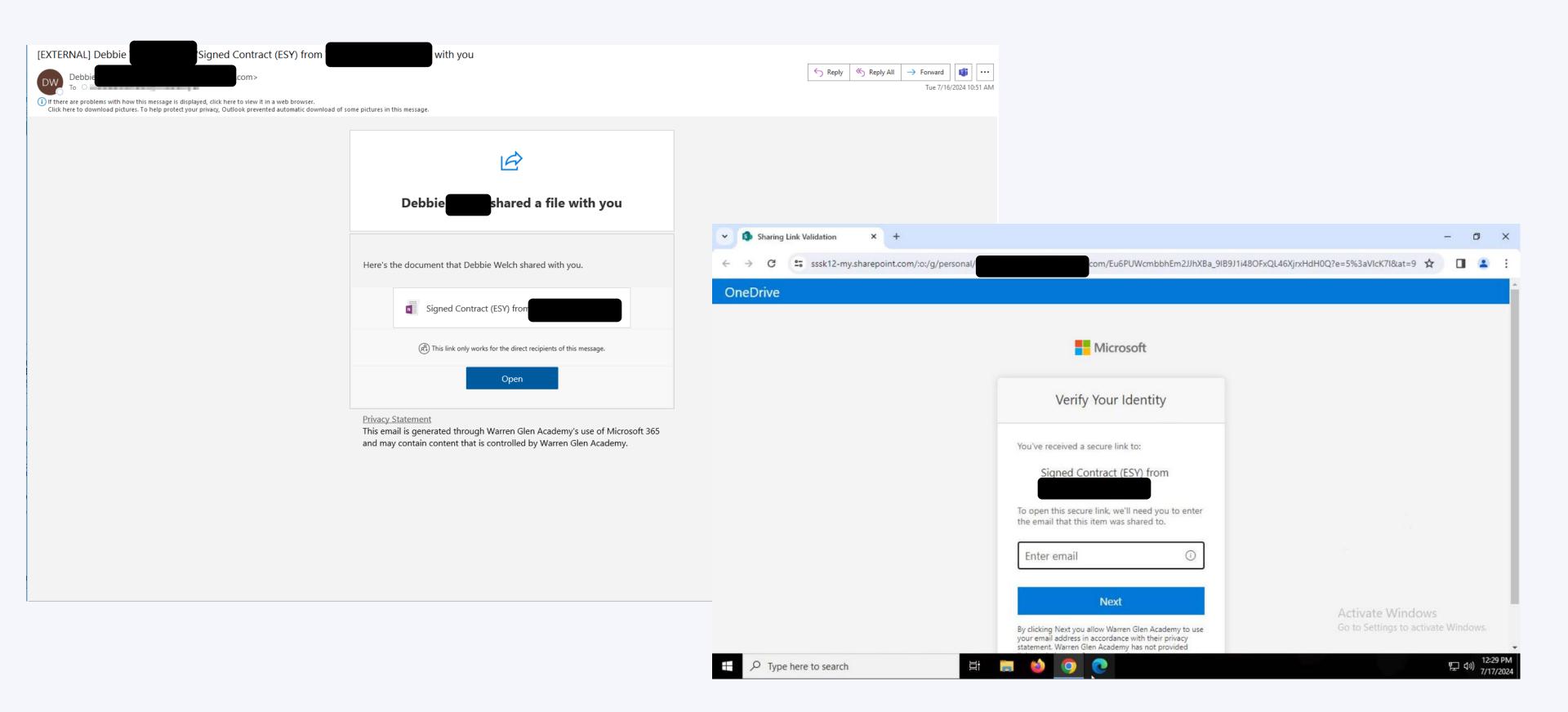
# Tricking Users

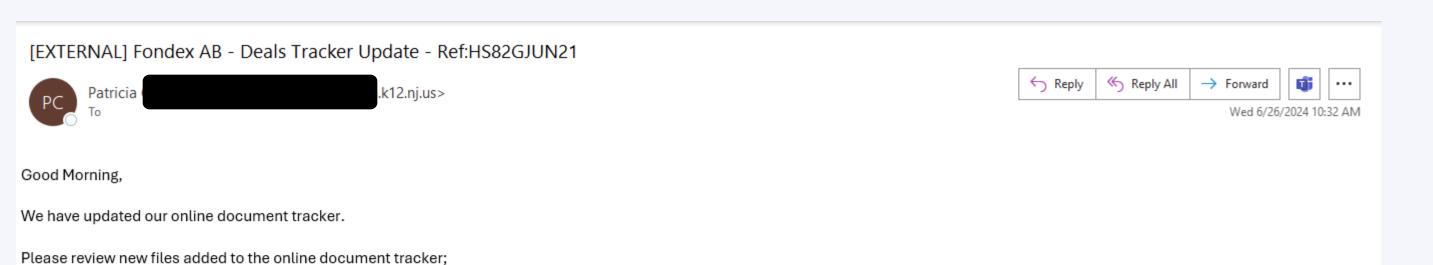


http://my-state-nj-us.plusandminues.com



# Compromised Accounts

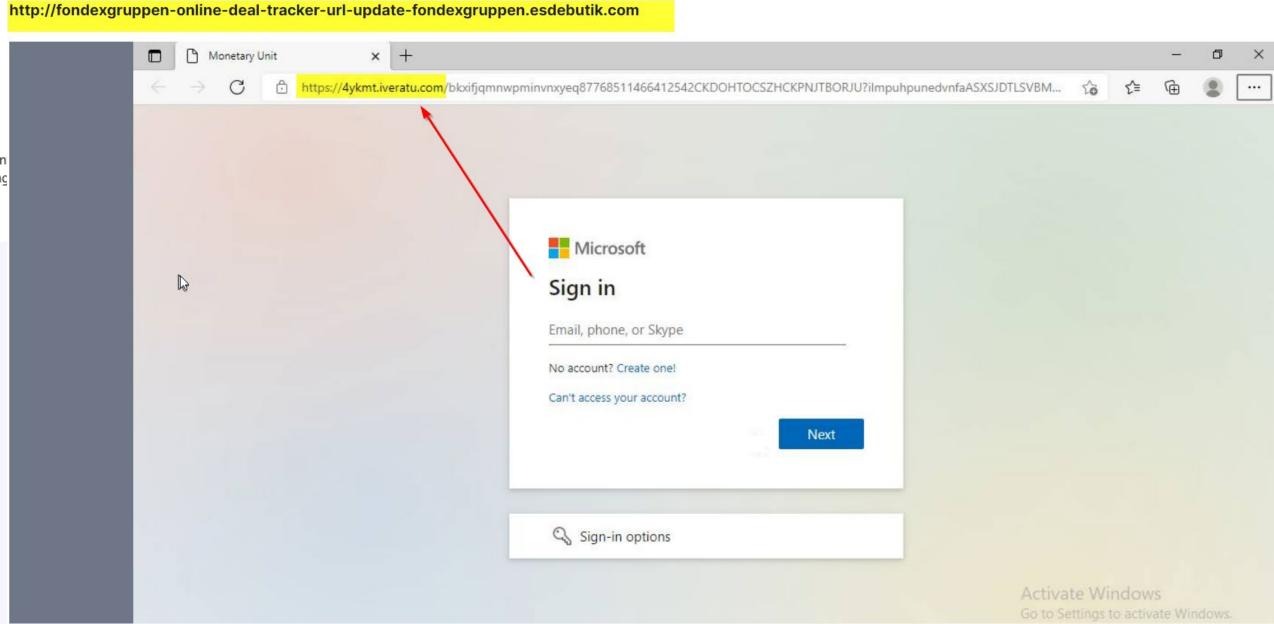




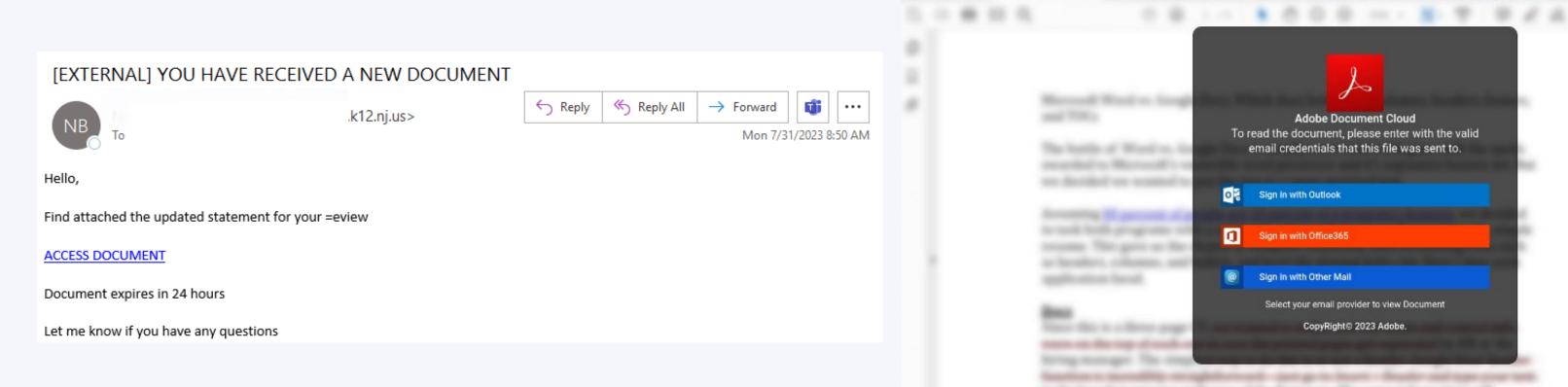
Online document and deal tracker url: fondexgruppen-online-deal-tracker-url-update-fondexgruppen.esdebutik.com

Anti-spam policy; recipient verification is required: To access the tracker, please copy and paste the above URL in your preferred internet browser.



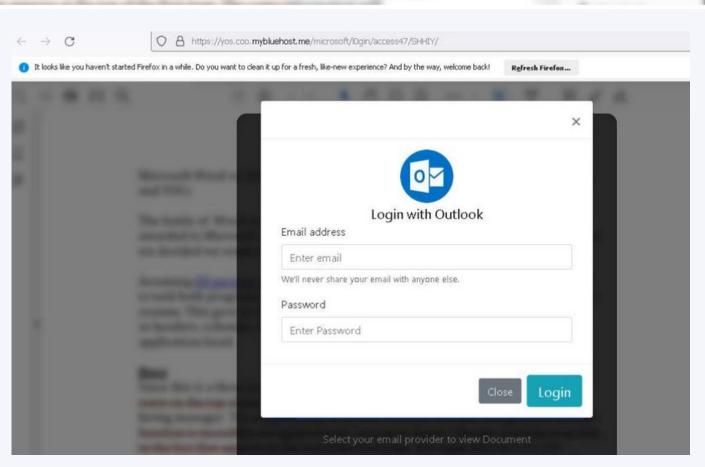


## Using Compromised Accounts

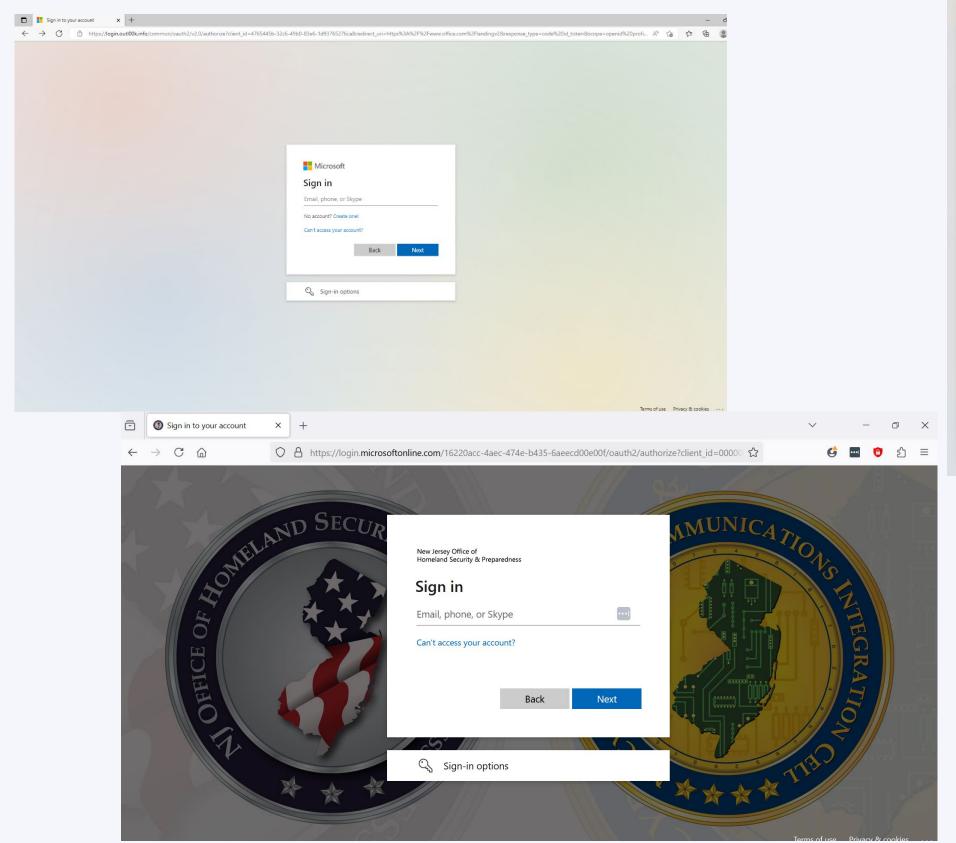


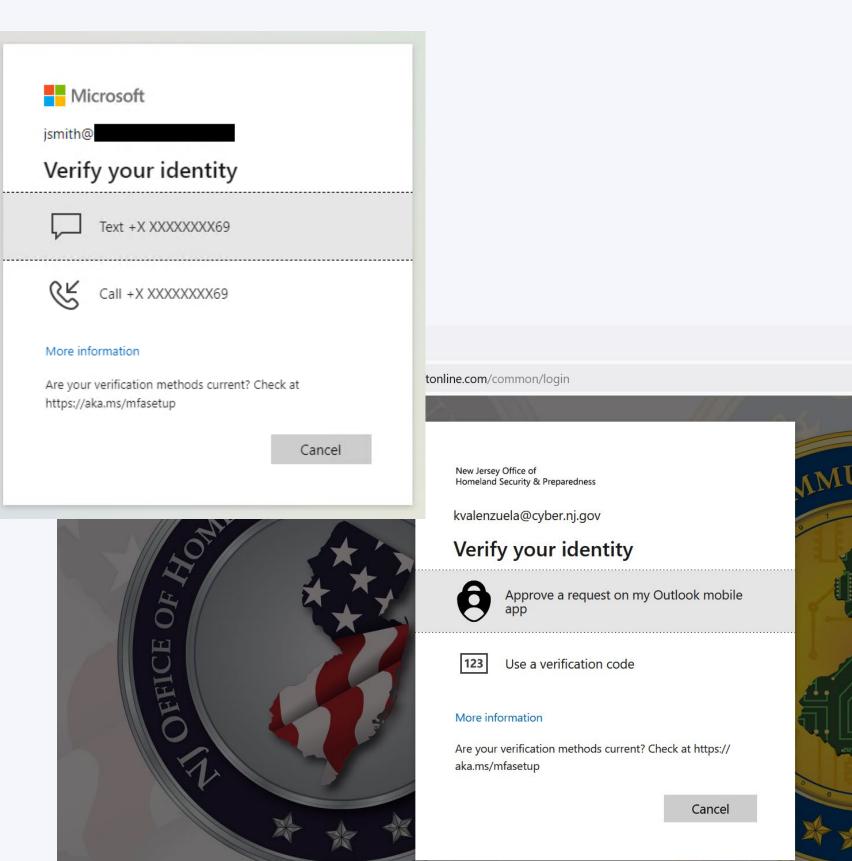
YOU OFTEN ARE DIRECTED TO A WEBPAGE
REQUESTING YOU TO LOG IN TO VIEW A
DOCUMENT OR MESSAGE.

IF CREDENTIALS ARE ENTERED, THEY'RE STOLEN.
THEN YOUR ACCOUNT IS COMPROMISED TOO.



## Attempting to Bypass MFA





# Credential Compromise

GETTING THE KEYS TO THE KINGDOM

How many accounts do you think you have?

Do you ever reuse passwords?



Account compromises often precede ransomware infections.

SO, WHAT SHOULD WE DO?

MULTI-FACTOR AUTHENTICATION

- Something you know
- Something you have
- Something you are

## How Are They Compromised?

**GETTING** THE KEYS TO THE KINGDOM



INFOSTEALERS

DATA BREACHES

WEAK PASSWORDS

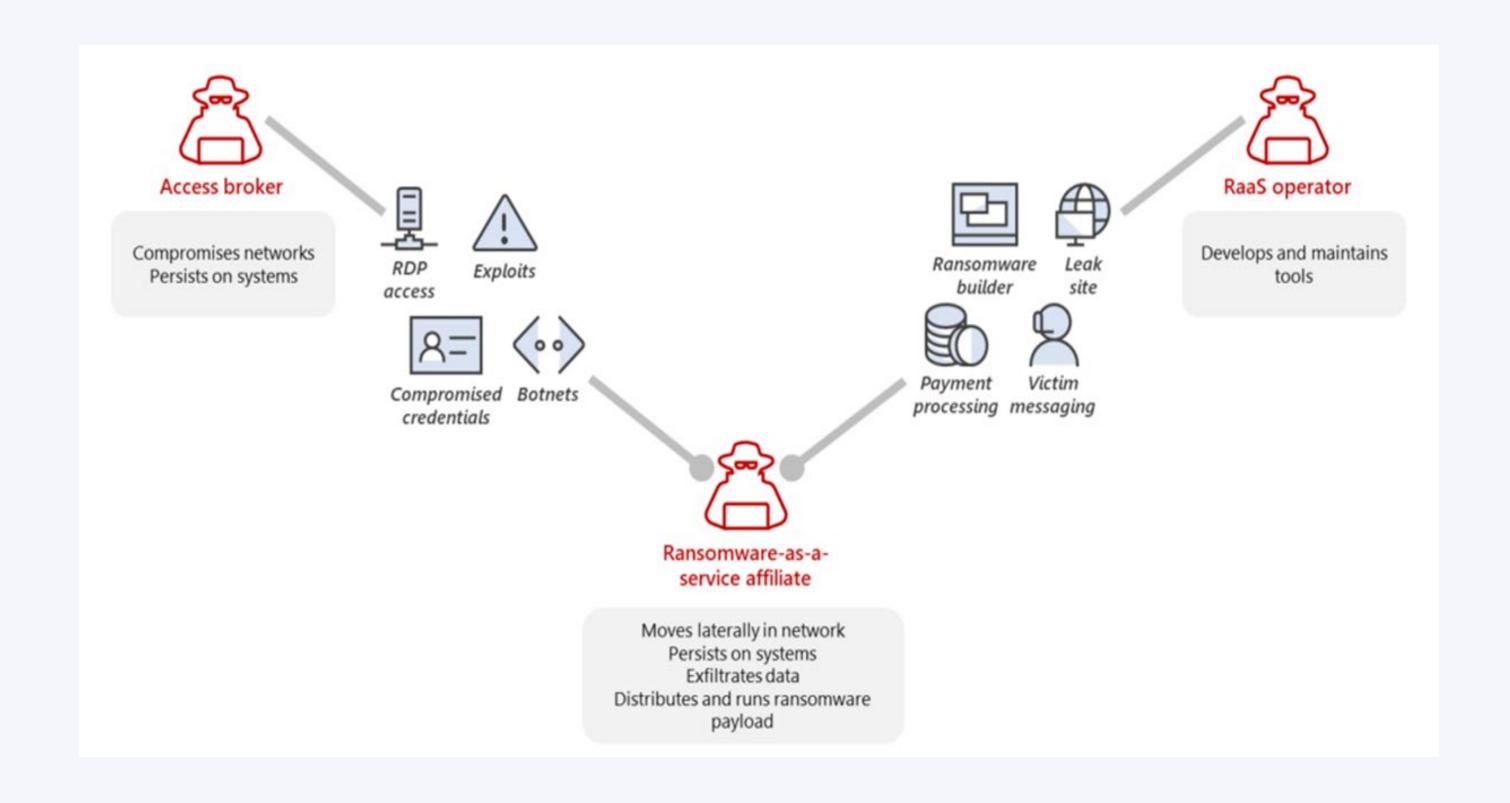
SOCIAL ENGINEERING

## Infostealers

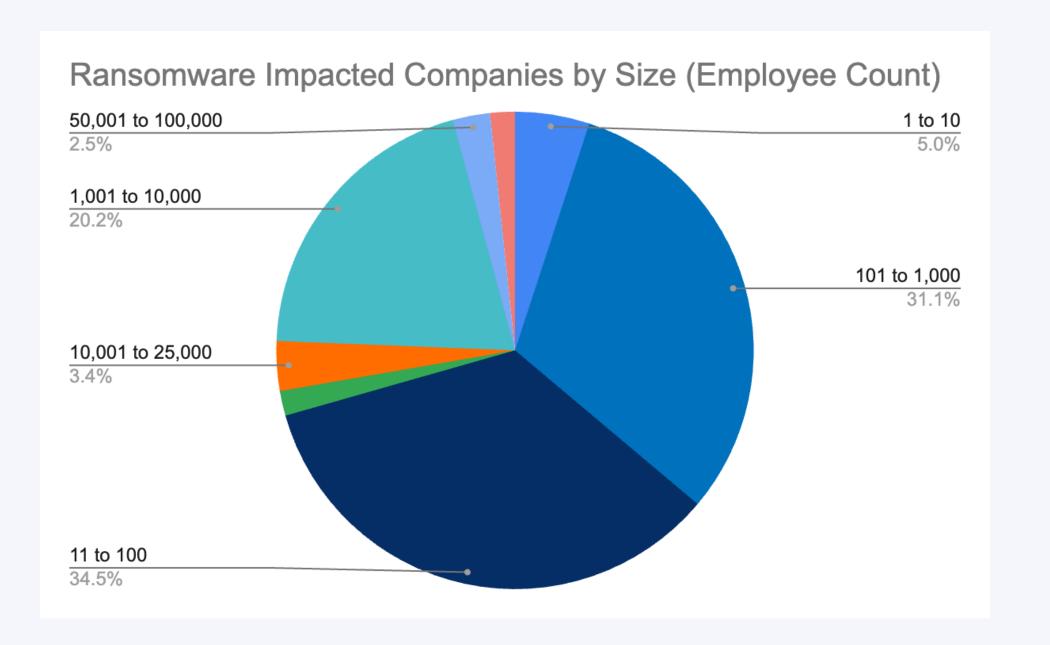
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# Ransonware

### Ransomware-as-a-Business



## Ransomware



average ransom: \$390,000

avg downtime ~24 days

remote access, phishing

data exfiltration in 75% of incidents

target of opportunity

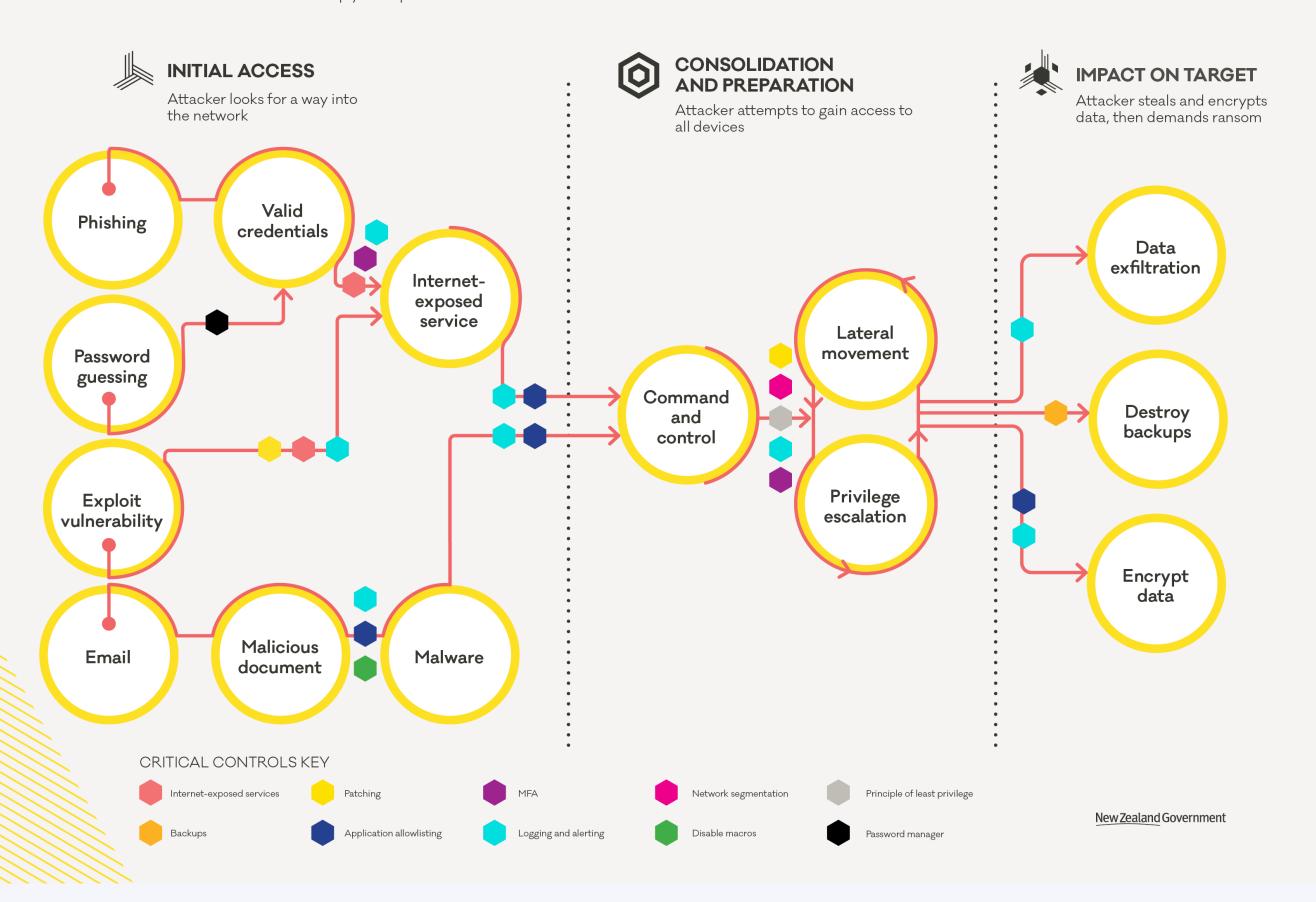
SMBs targeted

No encryption extortion

#### LIFECYCLE OF A RANSOMWARE INCIDENT



How the CERT NZ Critical Controls can help you stop a ransomware attack in its tracks.



## Change Healthcare Incident

Change Healthcare is a provider of revenue and payment cycle management for healthcare providers and patients within the United States.

Processes about half of all medical claims in the United States for approximately 900,000 physicians, 33,000 pharmacies, 5,500 hospitals and 600 laboratories.

On February 21, a major ransomware attack targeted Change Healthcare.

Service were completely down from February 21 to February 26, 5 days.

AHA predicted that 94% of hospitals experienced a financial impact.

Some patients were forced to pay out-of-pocket for prescriptions.

Approximately 4 terabytes of Protected Health Information (PHI) was stolen.

The culprit was the BlackCat ransomware group.

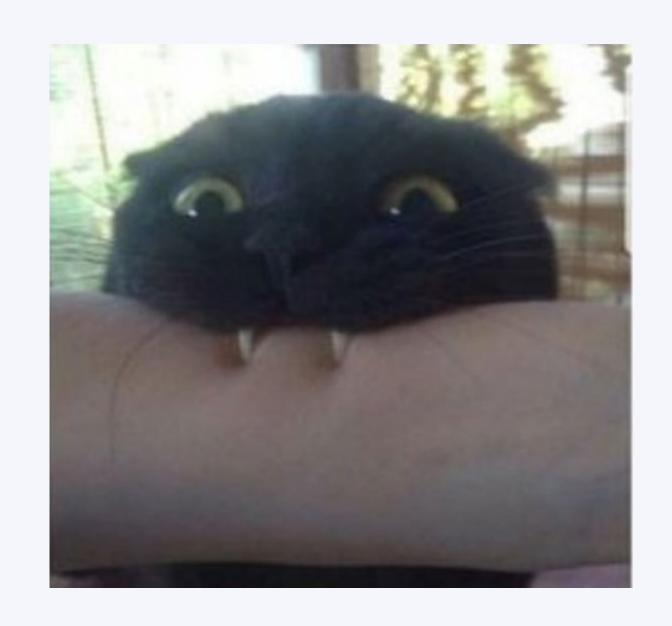
## Who is BlackCat?

BlackCat is a Russian-based ransomware organization.

They are also known as ALPHV.

They offer a **ransomware -as-service** business model.

BlackCat offers their ransomware to thirdparty affiliates to infect organizations in exchange for a **percentage** of the ransom payment.



## Timeline of Events

#### February 12:

Threat actors first access Change Healthcare network.

#### February 21:

Ransomware attack initiated.

#### March 1:

A \$22 million payment sent to BlackCat cryptowallet.

#### March 1:

BlackCat exit Scam began by taking their data leak blog offline

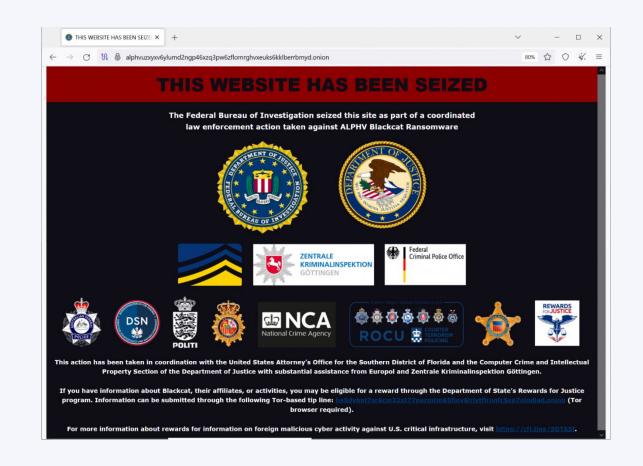
#### March 3:

An affiliate "Notchy," claimed responsibility for the incident on a Russian hacking forum.

They claimed BlackCat took the money, did not pay them as an affiliate; therefore, the data would not be deleted.

#### March 7:

Pharmacy electronic prescribing is fully functional for claim submission and payment transmission.



## Timeline of Events Cont.

#### March 15:

Forensic investigations identified the original vulnerability that acted as the initial attack vector, though United Health did not disclose the vulnerability. It is believed to be a remote access compromise of an account without MFA enforced.

#### March 27:

The U.S. Department of State's Rewards for Justice (RFJ) program, is offering a reward of up to \$10 million dollars for information leading to the identification of BlackCat members.

#### April 8:

A new ransomware group known as "RansomHub" allegedly claimed that they obtained Change Healthcare's stolen data and demanded a second ransom to keep them from leaking the data.

#### April 16:

RansomHub began selling the stolen Change Healthcare data, which includes medical and dental records, payment claims, insurance details, and personal information such as Social Security numbers and email addresses. Post was later removed, causing speculation that a second payment was made.

# Impacts

UnitedHealth stated that the ransomware incident caused \$872 million in losses so far. UnitedHealth reported \$1.521 billion in direct response costs and expected \$2.87 billion in total cyberattack impacts for 2024.

The cyberattack affected at least 100 million individuals' protected health information.

Largest known breach of PHI.

Why is this significant?

Healthcare providers:

94% of all US Hospitals were financially impacted by the cyberattack.

~60% of US Hospitals lost at least \$1M per day during this incident

Physician practices (as of April 2024, issues continued after):

80 percent of physician practices lost revenue from unpaid claims

36 percent reported delays in claim repayment

Small practices (10 or fewer physicians) were hit particularly hard.

Ransomware attacks against health care organizations surged following the hack of Change Healthcare.

# Artificial Intelligence

## The Good and The Bad

**CYBERSECURITY** 

CYBER THREATS

**GENERATIVE AI** 

AUTOMATING ATTACKS

**AUTOMATION** 

VULNERABILITY DISCOVERY

ENHANCED CUSTOMER EXPERIENCE

GENERATIVE AI

REDUCTION IN HUMAN ERROR

**VOICE REPLICATION** 

EFFICIENCY AND EFFECTIVENESS

DISINFORMATION

RELIANCE ON TECH

# Cyber Resiliency

Data Backups

Patch management Multi-Factor Authentication Endpoint
Detection and
Response

User
Awareness
Training

Password Manager Cybersecurity
Plans

Tabletop Exercises

Caution with Email

Network Segmentation Limit sharing of information

## NJ CCIC Services

- weekly bulletin
- presentations
- cybersecurity reports
- risk management
- incident reporting

- alerts, advisories
- assessments
- grant management
- training
- cyber range

## CONNECT



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