

New Jersey Healthcare Coalition (NJHCC)

January Central HCC In-Person Meeting

Date: 1.21.24

402 Roycefield Rd, Hillsborough Township, NJ 08844

Attendance (Head Count) - 20

Scott Skirvanek started the meeting at 10:02am

Scott had the attendees introduce themselves with their names, organizations, and a fun fact

Ryan Cassidy reviewed the Agenda

Krista Valenzuela from NJCCIC gave an overall presentation on her agency's role and responsibilities

- Krista spoke towards Tech Support Scams, specifically recent incidents and what to look out for
- Krista also spoke about SMS Text Scams and their steady increase
 - This is because companies and organizations are utilizing text messages to communicate with employees
- Krista briefly talked to Direct Deposit Scams and Gift Card Scams
- Krista covered Business Email Compromise
- Krista explained Credential Compromise
 - Webpages being replicated can trick users (can include attachments)
 - Compromised Accounts are utilized as well for tricking users
 - Multi-Factor Authentication (MFA) can be bypassed by cyber criminals
 - Krista mentioned that maintaining complex passwords can ensure cyber criminals don't get access
 - You can be compromised by infostealers, data breaches, weak passwords, and/or social engineering
- Krista spoke about Ransomware-as-a-business
 - Access Brokers, Ransomware-as-a-service, and RaaS operators all make ransomware a business
 - Average downtime can be at least 24 days
 - Data exfiltration occurs within 75% of incidents
 - Average ransom can be around \$390,000
- Krista covered the Change Healthcare Incident, the Timeline of Events associated with the incident, and the Impacts
 - The cyberattack affected at least 100 million individuals' protected health information
 - This is the largest known breach of PHI
 - Krista talked about BlackCat (Russian based organization)
 - Scott asked what smaller organizations can do to plan, prepare for, and mitigate cyber incidents

- Krista said they can go to NJCCIC for no-cost
- Krista spoke to Artificial Intelligence and the good and bad to it
- Krista went over Cyber Resiliency methods
 - Data Backups, Patch Management, MFA, Endpoint Detection and Response, User Awareness Training, Password Manager, Cybersecurity Plans, Tabletop Exercises, etc.
- Krist wrapped up by going over the NJCCIC Services
 - Weekly Bulletin, Alerts, Advisories, etc.
 - Scott said to the attendees to report cyber events to CMS within one (1) hour as a requirement

Ryan handed the meeting over to Dr. Amundeeep Tagore (NJHCC Clinical Advisor)

Dr. Amundeeep Tagore spoke about Vehicles as a Weapon (VAW) Attacks

- Dr. Tagore reviewed the New Year's Day Ramming in New Orleans
 - Dr. Tagore covered the History of Attacks
- Dr. Tagore mentioned that the trends and frequency of these attacks are becoming more frequent and lethal
- Dr. Tagore spoke towards Hostile Vehicle Mitigation methods
 - Protective security discipline and incident response planning and training among many others

Ryan and Anthony Sokolowski reviewed several Coalition Updates

- Scott added that in order to receive credit for attendance to the exercise, an organization will need to fill out a post-exercise survey
- Scott also briefly spoke towards takeaways from the National Healthcare Coalition Preparedness Conference (NHCCPC)
- Scott asked that we add Pediatric data to the NHSN dashboard

Scott covered Member Updates

- Acute Care
 - Calendars are filling up with events
 - Iv Solution Shortage conservation strategies being perfected
- Long-Term Care/Post Acute
 - Covid kits that are expired are being sent to the communities
 - Listed on the FDA website with expiration dates and any extensions on them
 - Can request un-expired kits from a state email address
- Federally Qualified Health Centers
 - NJPCA said nothing to report
- Public Health
 - Got guidance on exercise requirements
 - EMS for Children program has been launched
 - Scott asked for us to push it out
 - NJDOH said they'll send it over once live
 - Prepping for H5N1 by doing a tabletop
 - Updating their surge plans
- Office of Emergency Management
 - Worried about Code Blues
 - Middlesex and Somerset counties said this

- NJ Transit said they have a new CEO so there have been some changes
 - Uptick on people going into the cities
- Home Care & Hospice
- Emergency Medical Services
 - Uptick in respiratory illnesses
- Behavioral/Mental Health

Ryan covered some of the Coalition Reminders, Upcoming Meetings Dates & Times, and Future Agenda Items
The meeting concluded at approximately 11:58am